



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EXPLORATION TUMBLING FUN

Parents and Tumble Tots ONEONTA FAMILY YMCA

Parents and Tumble Tots is a class for children twelve months to thirty-six months. Tots get to explore our gymnastics space while increasing their coordination, balance, strength, body awareness, and sensory understanding through a series of dances, obstacle courses and stations. Parents will help guide their child through this fun and interactive experience as an instructor explains the elements each day based around exciting themes!



Mondays 11-11:30am
March 4th
March 11th
March 18th
March 25th

Members: \$25
Public: \$40

Registration required as space is limited!



@OneontaFamilyYMCA



@oneontaymca



@OneontaY



Oneonta Family YMCA