



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STAND UP PADDLEBOARD YOGA

JANUARY 6th & 27th
3:30-4:30pm

**Registration
Required**

\$5 MEMBERS
\$10 PUBLIC



ONEONTA FAMILY YMCA – ALWAYS HERE FOR OUR COMMUNITY
20-26 Ford Avenue Oneonta NY 13820 607 432 0010 Opt 9 www.oneontaymca.org