

At the Oneonta Family YMCA you are part of a supportive network of staff and community members

GET THESE BENEFITS WITH MEMBERSHIP

- Over 30 FREE Group Exercise classes
- FREE Fit4Me app
- Discounts on programs, events and Red Cross Classes
- Open Swim & Gym
- Locker rentals
- Nationwide membership to participating Y's
- Members priority registration
- Convenient payment options

AND THAT'S NOT ALL...

- Free Family Float Night the last Friday of each month
- Ask us about all the amazing benefits of Family Package
- A place to meet new friends, re-kindle old friendships, spend quality time with your family, and have fun

The Oneonta Family YMCA operates a web-based membership software program which requires information from you. Your picture will be taken for identification purposes.

WANT MORE INFORMATION ON

Aquatics Lessons, Swim Team, Classes, Red Cross:

Michelle Cook ext: 206
mcook@oneontaymca.org

Child Enrichment/Center St:

Lisa Zuend-Misner ext: 260
lisazuendmisner@gmail.com

Employment:

Jackie Soule ext: 220
hrrrep@oneontaymca.org

Gymnastics Programs & Team:

Michelle Cook ext: 206
mcook@oneontaymca.org

Membership & Enrollment:

Welcome Center opt9
ymcawelcome@oneontaymca.org

Social Media & Marketing:

Vanessa Pellegrino ext: 221
vpellegrino@oneontaymca.org

Volunteerism:

Lynn Bailey ext:203
lbailey@oneontaymca.org

Wellness Classes & Marketing:

Kelly Morrissey ext: 205
kmorrissey@oneontaymca.org



ONEONTA FAMILY YMCA
20-26 FORD AVE
ONEONTA, NY 13820
P 607 432 0010 OPT9

www.oneontaymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COMMUNITY GATHERS HERE

MEMBER HANDBOOK ONEONTA FAMILY YMCA



WHERE MEMBERSHIP
ENCOURAGES POSSIBILITIES

Day Passes

The Oneonta Family YMCA is a membership based organization and our main objective is to serve our members who have made a commitment by joining the Y. The YMCA welcomes everyone to come in and try out our facility!

Our updated guest policy is intended to enhance member services, provide a way for members to encourage a friend to join and to accommodate out of town family, friends and visitors.

- Day pass pricing allows you full usage of the general facilities during business hours -no discounts apply and classes are extra
- **Adult day pass guests are limited to 5 visits per month**
- No day passes will be sold or honored after 5 pm on Fridays
- **Adult Members have the option to purchase guest passes for Y special events when accompanied by the adult member**
- Adult day pass guests must present a valid picture ID
- The YMCA conducts regular sex offender screenings on all members, participants, and guest. If a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation, and remove visitation access.

Cell Phone Policy

Cell phone usage is not permitted in locker rooms, the pool area, or bathrooms. The use of video recorders, cameras or any other visual recording devices, including cell phones, tablets, & notebooks is prohibited in locker rooms, restrooms, pools and program areas. Staff is allowed to use recording devices in their program areas only, with proper consent/releases signed, for program promotion/marketing purposes.

Please use consideration when talking on your cell phone by taking calls in the hallway as it can be disruptive to other peoples' workouts.

Membership Cards

You will receive a bar-coded membership tag that will be scanned each time you enter the facility. Please bring your membership tag with you when you visit. For security reasons, we require a photo that is kept internally on our system.

Service Fees

A \$2 service fee will be imposed when transferring to another class once the session begins (unless by instructor recommendation)

Lockers & Locks

Lockers are available for daily use. For your protection, we strongly suggest that you bring a lock to secure your personal items. Monthly and yearly rentals are available to members only. Ask the Welcome Center Desk for rates.

Membership Freezes

Memberships may only be frozen for medical reasons (Physician's note is required).

Program Refunds

By registering for a class/program you are reserving a place in a program with a limited number of participants. We may not be able to fill the vacancy should you cancel. Therefore we do not refund for classes/programs unless medically necessary, with a physician's note.

Age Requirement Policy

Children under the age of 11 that are not under the direct supervision of Y Staff in one of our programs must be accompanied by an adult, 18 or older. Fitness Center can be used once a child reaches the age of 14.

Sex Offender Registry Policy

The YMCA conducts regular sex offender screenings on all members, participants, and guest. If a sex offender match occurs, the YMCA reserves the right to cancel membership, end program participation, and remove visitation access.

Nationwide Membership

We understand that sometimes it is more convenient for members to take advantage of a Y near their workplace or when they are traveling outside the area of their home Y. With Nationwide Membership, members have the flexibility to use participating Y facilities throughout the United States at no extra charge. For the complete policy visit <http://www.oneontaymca.org/membership/>

External Privacy Notice

The privacy notice will advise you about our guidelines concerning the use of your personal information, including the reasonable efforts we make to protect your personal information in accordance with these guidelines, and about what choices you have concerning our use of such information. Please visit our website at <http://www.oneontaymca.org/membership/> to view this policy in its entirety.

Financial Assistance

We do not turn anyone away based on their inability to pay. For those in need, applications are available at either Welcome Center Desk or by downloading the Financial Assistance application on the YMCA website at www.oneontaymca.org.

Larger Groups

Large groups such as schools and large families of more than 10 interested in using our pool must make prior arrangements for extra staff to assure required lifeguard-to-swimmer ratio.

Child Safety Policy

The YMCA is dedicated to the safety of all children in our facility and on our grounds. For this reason we require that the following guidelines be followed at the Oneonta Family YMCA:

- **Youth Members who are under 11 years old** are welcome at the YMCA as long as they are under the direct supervision of a parent or adult guardian (18 years of age or older), or are enrolled in a YMCA program.
- **Youth Members ages 11 –13** are welcome unsupervised until 8 pm. After this time they are required to be enrolled in a YMCA program or under the direct supervision of a parent or adult guardian (18 or older).
- **Youth Members of school age** may not be in the building during school hours unless participating in a school approved program.
- **Teen Members ages 14-17** may be in the building unsupervised until closing. Members age 14 & older may use the Cardio & Fitness equipment. Members ages 12-14 may participate in the Youth Fitness program to use Cardio & Fitness equipment.

Membership Policies

Membership prices are reviewed each year. While rate increases are effective January 1 the new rate is not applied to your membership until your anniversary date.

Membership may be terminated based on inappropriate behavior, aggressive or violent actions including threats of violence, misuse of Y property or equipment, destructive actions, vandalism, conviction of abuse or assault or other actions not aligned with the values and purposes of the Oneonta Family YMCA.

Members are not allowed to use YMCA facilities to teach lessons, fitness instruction, or activities to benefit themselves financially. Any member accepting payment for Y provided services will be terminated as a member.

Pool Policies

At all times, other than lessons, all children under 5 must have an adult (18 +years) in the water with them. Children under 11 must have an adult (18+ years) in the building during the swim.

By joining the Y, you become part of a community committed to help you learn new things and make new friends at any stage of your life.