



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TECHNIQUE TUMBLING SKILLFUL

Session 3 2019 4/22-6/8

Thursdays 4:30-5:30pm

(ages 6-18) Mixed Levels

Member Registration 4/8

Public Registration 4/15

NEW! Tumbling Class

For the competitive or non-competitive dancer, gymnast, or cheerleader in your family.

This tumbling classes will focus on improving technique in motions, jumps, and tumbling.

Our cheer coach, Taylor, has a USASF Certification for level 4 tumbling and level 5 stunting.

Taylor has coached many teams to National Championships in some of the biggest cheerleading competitions in the country. Taylor was a cheerleader for 14 years, cheering at Cheer Intensity All Stars, in high school and college.

She has over 8 years of competitive cheerleading coaching experience, and we are lucky to have such a talented coach available to our community!



ONEONTA FAMILY YMCA 20-26 FORD AVE ONEONTA, NY 13820

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