



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

CREATING SAFER COMMUNITIES

**AMERICAN RED CROSS
LIFEGUARDING RECERTIFICATION**



Refresh on how to perform poolside lifesaving skills alone and with a team, when to act in an emergency situation, and what to do to keep yourself and others safe!

DATE: Monday, May 19th and Tuesday, May 20th

TIME: 5:00pm–10:00pm

PRICE: \$200

***Bring Suit, Towel and CPR Mask**

Registration is now open!

Space Limited!

**Please contact the YMCA Welcome
Center @ 607-432-0010 option 9**

ONEONTA FAMILY YMCA 20-26 FORD AVE ONEONTA NY 13820 607 432 0010 www.oneontaymca.org