



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# **CREATING SAFER COMMUNITIES**

**AMERICAN RED CROSS  
LIFEGUARDING RECERTIFICATION**



**A refresh on how to perform poolside lifesaving skills alone and with a team, when to act in an emergency situation, and what to do to keep yourself and others safe!**

**DATE: Saturday, April 19, 2025**

**TIME: 8:00am–6:00pm**

**PRICE: \$200**

**\*Bring Suit, Towel and CPR Mask**

**Registration is now open!**

**Space Limited!**

**Please contact the YMCA Welcome Center @  
607-432-0010 option 9**

**Questions: [skozak@oneontaymca.org](mailto:skozak@oneontaymca.org)**

**ONEONTA FAMILY YMCA 20-26 FORD AVE ONEONTA NY 13820 607 432 0010 [www.oneontaymca.org](http://www.oneontaymca.org)**